

# Visiting Maunakea

### First Stop:

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.mster volume and system. feel healthy and well to do so. Hikers must register at the VIS and high-altitude location. Individuals planning to ascend should Be aware of the hazards associated with accessing a remote,

Do not travel above the VIS if you:

- exposure may cause permanent bodily damage • Are under 13 years of age; prolonged high altitude
- Are pregnant
- Maunakea or possession of illicit substances is prohibited on Are intoxicated. Public consumption of alcohol
- Have high blood pressure, heart or respiratory condition • Have been SCUBA-diving in the prior 24 hours .

experience any of the following. VIS. Descend immediately and seek medical attention if you risk for these conditions, acclimate at least 30 minutes at the Edema and High Altitude Cerebral Edema. To lessen your threatening conditions such as High Altitude Pulmonary altitude can result in Altitude Illness. This can lead to life-The drop in atmospheric pressure and oxygen with the increasing

Signs and Symptoms of ALTITUDE ILLUESS include:

- Thirst
- Shortness of breath
- Headache
- **e**əsne<sub>N</sub>
- Impaired judgment
- Fatigue or drowsiness
- Loss of balance and muscle coordination

Signs and Symptoms of High Altitude Pulmonary

Edema and High Altitude Cerebral Edema include:

- Breathing diffculties or coughing
- Severe headaches
- **gnitimoV**
- Blue lips and/or fingernails
- noisutno
- Extreme drowsiness
- coma



100+ MPH winds and zero-visibility white-outs. conditions may occur at any time, causing freezing temperatures, Weather can change swiftly and severely. Wintry

- Heed road and area closures
- Obey evacuation orders. However, if you become stuck
- engine off to prevent the risk of carbon monoxide in a severe winter storm, stay in your vehicle. Turn the
- Suruosiod

falling ice. Be attentive of ice on the ground while driving and Ice: Stay clear of observatories and other structures to avoid

walking.

prohibited. braking mechanisms, such as inner tubes and boogie boards, are OWN RISK. Snowmobiles and devices lacking directional or Snow Recreation: ALL SNOW-PLAY IS AT YOUR

limited food and restroom services. observatory buildings are not open to the public. The VIS has Facilities: Maunakea has no public accommodations, and most

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Extreme Exposure, Snow-Play and Facilities :pritiziv tuoda wony ot sel<del>s</del> trav

The Maunakea rangers actively patrol 365 days per year to maintain public safety and to provide visitor information.

Due to interference with the radio telescopes, <u>CELLULAR</u> PHONE USE IS RESTRICTED TO EMERGENCY CALLS **ONLY.** An emergency telephone is located at the University

Because emergency assistance may be hours away, it is important to heed all ranger advisories regarding parking and

traffic directives and trail and area closures.

of Hawai'i 2.2 meter Telescope on the summit.

How Do I Get Help?



cups) per person per hour. hydration rate is 16.9 fluid ounces or 500 ml (approximately two Dehydration. The summit air is extremely dry. The suggested

adequate cold-weather clothing. Limit your exposure to the cold. Hypothermia: Be prepared for wintry weather and use

clothing, sunscreen and sunglasses. Intense solar radiation: Protect yourself with appropriate

public gas stations in the area.

VISTES SVITO

- Off-road vehicles are prohibited
- -UW4 gnigagne by engaging 4WD-Obey the posted speed limit and all traffic advisories

animals. Have enough fuel to complete your trip, as there are no

all road users including other drivers, cyclists, pedestrians, and glare, blind curves, rock debris and poor traction. Be aware of single-lane traffic. Road hazards include atmospheric and solar nearly 5,000 feet and unpaved sections are only wide enough for required for summit travel. The eight-mile summit road rises Dependable, fully-operable 4WD vehicles with low-range are

For current road conditions, call 808-935-6268

- Yield to road maintenance such as grading. Crossing low, downshifting and tapping brakes during descent
- the grader ridge may cause serious damage to your
- ызіль
- Park only in clearly marked areas, or as designated by a
- ranger
- while driving, pull-over safely and completely, and If you are experiencing an emergency and need to stop
- Use headlights during low-visibility conditions activate the vehicle hazard lights

Hawaiians. Rock pilings which appear natural may be man-made markers or cultural altars and are protected by law. During your visit, please demonstrate respect and leave the mountain as you found it. Do not leave items behind, or move or remove anything.

Maunakea holds major spiritual significance to Native

Significance Of Maunakea

In addition to the cultural resources, Maunakea is home to unique species and habitats, and contains the world's most sophisticated collection of astronomical facilities. Use only marked trails and roads and be mindful of your impacts on the sensitive natural and scientific resources.





Maunakea Rangers

**Important Telephone Numbers And Websites** 

**Emergencies: 911 Visitor Information Station and Rangers:** 808-934-4550 www.malamamaunakea.org/vis/

Weather and Road Conditions: 808-935-6268 (recording) www.malamamaunakea.org/road/

Office of Maunakea Management: 808-933-0734 www.malamamaunakea.org

> The University of Hawai'i at Hilo Office of Maunakea Management 640 N. A'ohoku Place Hilo, Hawai'i 96720



Office Phone: (808) 933-0734 Office Hours: (M - F) 8:00 a.m. - 4:00 p.m. Fax: (808) 933-3208 Email: omkm@hawaii.edu Website: www.malamamaunakea.org

## AND RESPONSIBLY

For a safe visit, heed all safety advisories.

#### CAUTION:

#### TRAVEL IS AT YOUR

#### <u>OWN RISK</u>

#### YOU ARE RESPONSIBLE

#### FOR YOUR OWN SAFETY

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